

# LEADERSHIP COACHING APPLICATION

Everyone who wants to play at the top of their game needs a coach; a confidential and objective leadership expert to be their sounding board and strategic thought partner. Positioning yourself powerfully to align with what you care about most often requires a special kind of guidance. Leadership coaching helps individuals learn new ways to step into their full potential, discover new avenues for professional contribution and direction, figure out how to best showcase and orient their strengths and talents at work, elevate leadership skills, and increase the ability to produce extraordinary results.

Coaching is well-known as a powerful vehicle for personal and transformational change. Many people who want to be at the top of their own game and move themselves further along their own path, benefit from expert help to do so.

**Leadership coaching can be a big help.**

**APPLICATION QUESTIONS:** Answer the questions below and email them to [wcapland@visionquestconsulting.com](mailto:wcapland@visionquestconsulting.com). I only work with 10 coaching clients at any given time. Applications will be considered in the order in which they are received and whether there is space available. Feel free to copy the questions and answer them in an email or word doc.

1. Why are you interested in coaching at this time?
2. What are you hoping to get out of your coaching experience?
3. What are the two most important things (goals) that you want to work on?
4. What do you think might be your biggest personal roadblock that could be getting in your way of achieving #3?
5. On a scale of 1-10 (1=low – 10=high), how motivated are you to make changes?
6. Have you worked with a coach previously? If yes, describe your experience.